

Specialized Medical and Psychiatric Services for the ASD Community at the Center for Autism and Related Disorders

Who We Are

At the Center for Autism and Related Disorders (CARD) at Kennedy Krieger Institute, we offer specialized medical services that focus on diagnosing and treating autism spectrum disorder (ASD) and other developmental disorders. Some of our services include:

- Developmental assessments and diagnostic evaluations
- Neurological and neurogenetic evaluations
- Psychiatric evaluations
- Psychopharmacological evaluations
- Ongoing medication management
- Follow-up care for ongoing developmental monitoring
- Collaboration with community providers, including primary care physicians, therapists, early intervention specialists, educators and other professionals
- Genetic counseling
- Referrals for appropriate therapy and treatment programs, which may include behavioral intervention, speech-language therapy, augmentative communication evaluation and treatment, social skills and cognition evaluation and treatment, occupational therapy, and family support



Our Medical Team

All of our physicians hold faculty appointments at the Johns Hopkins University School of Medicine. Our team includes specialists in:

- Pediatric neurology
- Developmental and behavioral pediatrics
- Neurodevelopmental disabilities
- Child and adolescent psychiatry
- Genetics

“At a time when we were so unsure of what was going on with our son, we found comfort in the evaluation and the services provided at CARD.”

– mother of a patient

Our Research

Our physicians are active in a variety of ASD-related fields of research, including:

- Biological basis of developmental disorders
- Detection and treatment of anxiety in preschool-age children
- Treatment for disruptive behavior
- Early detection of mental health crisis
- Psychopharmacological treatments for ASD

We are all born with great potential.
Shouldn't we all have the chance to achieve it?



Center for Autism and Related Disorders
at Kennedy Krieger Institute

Our Treatment Approach

Testing and Evaluation

Once an individual is referred to CARD, they receive a comprehensive initial evaluation or consultation. During this evaluation, an extensive clinical interview is conducted, allowing the clinician to thoroughly explore the individual's medical, developmental, behavioral and other relevant family history. The physician also assesses developmental functioning and performs a physical examination, which may include neurological, dysmorphological or psychiatric components. Based on the nature and scope of the reported difficulties and the results of the clinical interview and physical examination, some individuals may be referred for additional lab work, genetic or metabolic testing, behavioral testing, a sleep study, an electroencephalogram (EEG), and/or brain imaging.

Follow-Up

Our medical practitioners offer follow-up appointments when ongoing developmental observation or treatment is required. To ensure that each individual reaches their full potential, additional treatment or therapy might be recommended. A follow-up appointment may include:

- Ongoing developmental monitoring or surveillance
- Medical management
- Coping and family support
- Education about available treatment options
- Guidance to help families anticipate and prepare for transitions
- Management of psychiatric and behavioral problems
- Advocacy

ASD Support and Services

Local/Regional Resources

Pathfinders for Autism

pathfindersforautism.org

Center for Autism and Related Disorders

KennedyKrieger.org/CARD

Baltimore Autism Society of America

baltimoreautismsociety.org

Maryland Department of Education

marylandpublicschools.org

National Resources

Autism Society of America

autism-society.org

Organization for Autism Research (OAR)

ResearchAutism.org

Autism Speaks

autismspeaks.org

Autism Speaks has a number of different tool kits to assist families in finding the critical information they need, including the First 100 Days Kit, Asperger Syndrome and High-Functioning Autism Tool Kit, School & Community Tool Kit, and Transition Tool Kit.

Contact Information

Center for Autism and Related Disorders at Kennedy Krieger Institute

For more information or to schedule an appointment, please call **443-923-7630**, or call toll-free at **888-554-2080**. TTY users, please contact us at **443-923-2645**, or dial **711** to make a Maryland Relay call.

KennedyKrieger.org/CARD

Physicians and Healthcare Professionals

To make a referral, call our Physician Referral Line at **443-923-9403**.

Main Locations

3901 Greenspring Avenue
Baltimore, MD 21211

1741 Ashland Avenue, 5th Floor
Baltimore, MD 21205

For information about other locations, please call the numbers above.

Mailing Address

707 North Broadway
Baltimore, MD 21205

Kennedy Krieger Institute recognizes and respects the rights of patients and their families and treats them with courtesy and dignity. Kennedy Krieger Institute provides care that preserves cultural, psychosocial, spiritual and personal values, beliefs and preferences. Care is free from discrimination based on age, race, ethnicity, religion, culture, language, physical or mental disability, socioeconomic status, sex, sexual orientation, and gender identity or expression, including transgender. We encourage patients and families to become active partners in their care by asking questions, seeking resources and advocating for the services and support they need. © 2020 Kennedy Krieger Institute 08/2020



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